



*Energetic Possibilities*  
**A Possibility Path Course**  
*Lesson 2*

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## Purpose

When we are young we are asked the question, “What do you want to be when you grow up?” This generalized futuristic inquiry is a way for grown ups to understand what it is we like about the world we are learning, what hobbies, talents, and ideas are present in our minds. It helps them get to know us and guide us into areas that may be good for a career life in the future. But the question nobody asks is, “Who do you want to be when you grow up?”

There reaches a certain point in every human’s life where one discovers that the JOB that we have is not as important as the PERSON we are. The job gives us money, social, and somewhat of an identity. But the people in our lives who truly love and care about us don’t care what job we have. They care about who we are. They care about how we treat them. They care about the way we live our lives and conduct ourselves. This is the true meaning of life. The idea of job identity is an old one formed from way back in the serfdom times and beyond. Your “place” in life was your job. It was your identity. It was everything. That is no longer true.

We now have the freedom to do any job we could choose if we are interested and have the drive to do the education. We now have the freedom to live anywhere we choose. We now have the ability to know more about the world than ever before. This can leave us with a feeling of loss. This many possibilities can give a feeling of unsurity in the meaning of our lives. What is our purpose? What is our identity? What is our place in this world?

Tapping into the soul energy of our identity of who we are as PEOPLE instead of what our ROLES or JOBS are in life can help us define and focus in on a feeling of satisfaction and fulfillment. So, “Who are you going to BE when you grow up?”



## 2. FEEL INTO THE ENERGY

Now, imagine you are doing something that you just LOVE to do. What is it that just brings a sparkle to your eye and just makes you shine just by being there, doing it, with the people or the animals you love?

Feel this sparkle in your soul. This is the light part of you that sparkles when you love, laugh, or think about something that makes you really happy. Imagine this feeling. Be in this space. Breathe in this feeling of joy, of wonder, of life, of happiness.

\*It can even be more than one thing. Just feel into the thoughts and feelings that are coming to you.

- What are you doing?
- Who are you with? (Are you alone?)
- How does it feel to BE in this space, just you being you?

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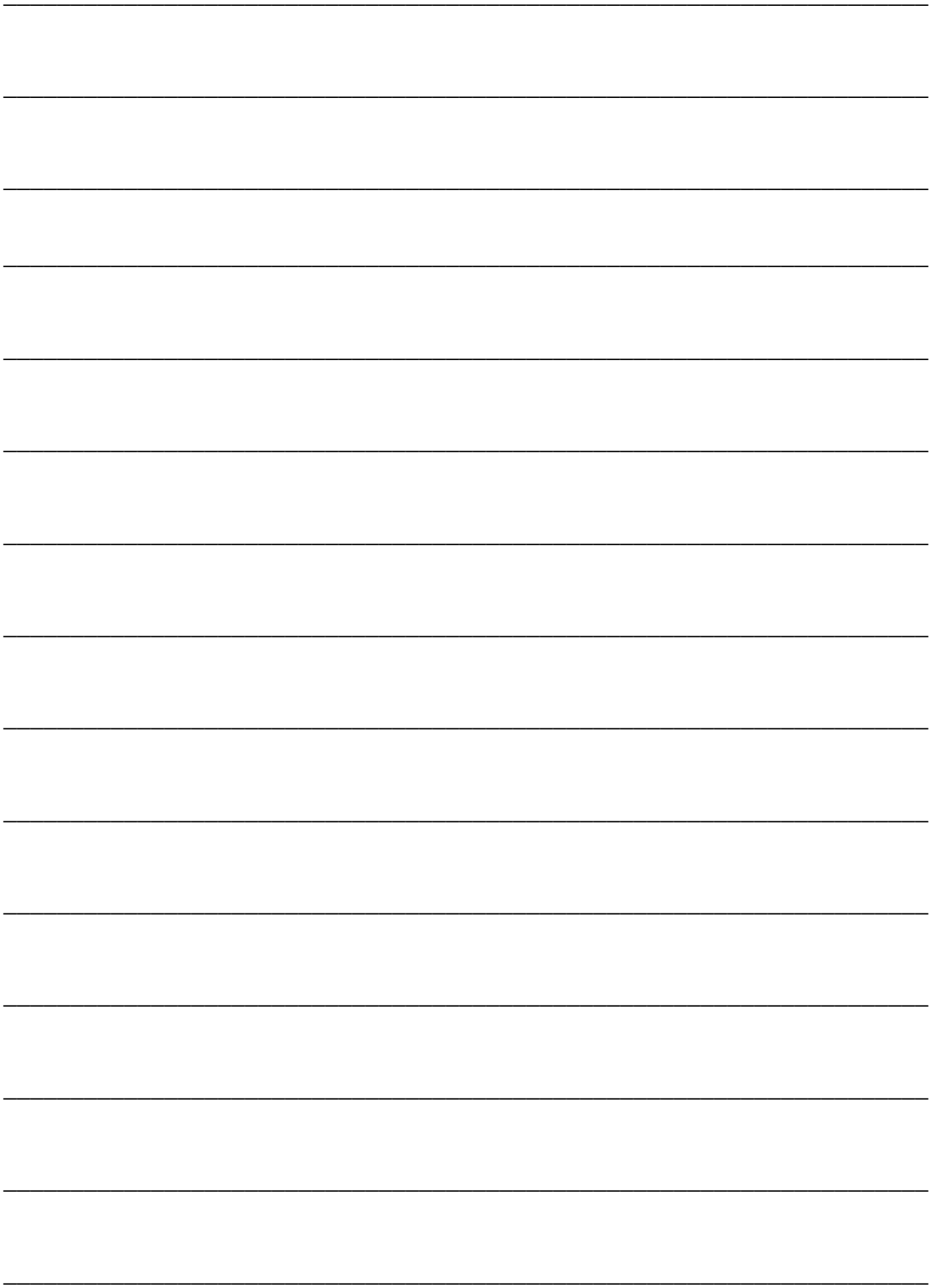
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## Energetic Possibilities - 2020

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These energetic experiments are set up for you to find your own answers in your own way. Allow the thoughts to come and go as they please. The insights may come later in time after you complete this assignment that is okay too! Enjoy it and let the insights flow. This is all a process and the process is infinite, as you are!

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